

52-54 Stanley Street, Orbost

291 Bonang Road, Orbost

PO Box 617, Orbost

Ph: 5154 2133

Email: [reception@moogji.com.au](mailto:reception@moogji.com.au)

[www.moogjiaboriginalcouncil.org.au](http://www.moogjiaboriginalcouncil.org.au)

## December 2025 Community Newsletter

### CEO Report

I'd like to wish everyone a safe and healthy Christmas and New Year. I know the season can be difficult for many people.

We will be closing from Friday 19<sup>th</sup> December, and re-opening on Monday 5<sup>th</sup> January 2026. All the team will be contacting clients to ensure we have everything in place over that time.

If anything urgent comes up, I am always contactable on 0497 943 700.

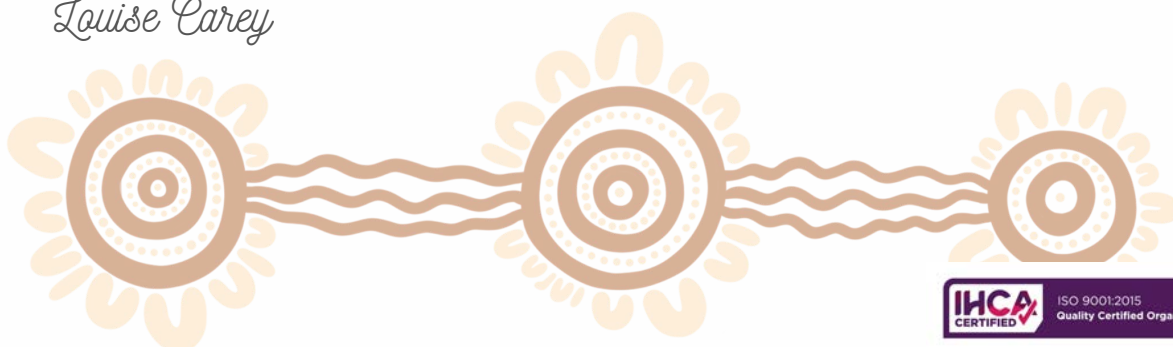
We are thrilled to say that we have been successful yet again in many of our funding submissions. We will be hosting some great Cultural Community events again next year and we will be capturing the stories of our Elders about the Cultural Journey trail through voice and film so that the stories are preserved for future generations.

Many of you will be wondering what is holding up the new driveway and carpark at Stanley Street. Its painfully delayed because we are waiting on Ausnet to relocate under ground cables before we can concrete over the top. Whilst we don't have a completion date at this stage, we are hopeful it won't be too much longer.

I'd like to thank all the Staff who have been through what feels like 'thick and thin' this year. Everyone has been focused on serving the Community through whatever their role might be. Its not just about client services, but the work carried out from Bonang Road is critical for sustainability and Caring for Country.

I hope you have time with family and friends over the Christmas period and get a chance to relax a little bit. I look forward to seeing everyone in the New Year.

*Louise Carey*



# Mum and Bubs

We have very recently started up our mums and bubs group at Moogji which has been running fortnightly. We have been lucky enough for both Orbost Regional Health and Gippsland Lakes Complete Health to come along and talk to the parents about what they can assist with. We're looking at developing how this will run next year, we'd love for your feedback!

Please note: this group is welcome to all parents, grandparents, carers, guardians and babies (we are currently in the process of renaming the group)



Please scan the QR code to complete the survey.

There will also be paper copies available at reception

**Do you want your Newsletters emailed to you instead of by mail?**

**Call reception on 5154 2133, to add your email address to the list**



# YOUTH FORUM

On Monday the 24th of November, Moogji Aboriginal Council hosted a Youth Forum in partnership with LTHCS and LEAHA.

The day was a cultural careers day with students attending from Orbest Community College and Lakes Entrance Secondary College.

We had a range of Indigenous Community members talk about their personal careers and the studies they have previously completed to inspire participants about possible career pathways which gave everyone some great ideas.

The students were then led around Moogji's Cultural Trail by Tammy Bundle, where they stopped and had a yarn at each significant site.

Students then had a session with Misty Anderson in Moogji's nursery, where they were shown the native plants grown there, and they were able to try some of our bush tucker.





# Deadly Choices<sup>®</sup>

Moogji has partnered with Deadly Choices and we're now able to hand out some deadly shirts to our Aboriginal Community once you've had your 715 Health Check signed off by the doctor. As we have only recently partnered with Deadly Choices, we are unable to back date shirts for previous 715 Health Checks, but not to worry, you're eligible for a 715 Health Check every 9 months.

We have limited stock to order from, but we'd love some feedback on what teams you'd like to see, and we'll keep an eye out each time we put an order in. Here are the shirts we currently have:



## Health Promotion Calendar

We're developing a 12-month health promotion calendar for 2026. We'd love to hear your feedback on what health topics you'd like to see us cover of the next 12 months.



Please scan the QR code to complete the survey.

There will also be paper copies available at reception

# CHRISTMAS CLOSURE DATES

## After hours contacts

If it is an emergency dial 000 or present to your nearest hospital. For after hours medical advice or treatment please contact:

**Urgent Care Department  
Orbost Regional Health:**

5154 6666

104 Boundary Road, Orbost VIC  
3888

**Nurse on Call @ 1300 60 60 24**

immediate, expect health advice from a registered nurse 24 hours a day, 7 days a week.

**HealthAccess on 1800 272 767** for GP-Type Presentations in the after-hours period.

from: 6-10pm weeknights 12-10pm  
Saturdays 8am-6pm Sunday (and public holidays)

**Victorian Virtual Emergency Department**

The VVED is available 24 hours a day, seven days a week with medical reviews available  
<https://www.vved.org.au>

## Closure dates

Moogji Aboriginal Council will be closed from

**Friday 19<sup>th</sup> December 12pm**

we reopen

**Monday 5<sup>th</sup> January at 9am**

## MENTAL HEALTH SUPPORT

- Lifeline Phone: 13 11 14
- Lifeline Text: 0477 13 11 14
- Family Drug and Gambling Helpline: 1300 660 068

All operate 24/7

**If you are needing scripts for regular medication please ensure you book in with the Doctor prior to our Christmas closure to prevent running out**



## Doctor Sessions

Moogji has a doctor onsite every Monday, Wednesday and Friday, unless stated otherwise. We also have a nurse onsite daily. Please call reception to book an appointment.

If you have not yet completed your New Patient Registration Form and Transfer of Medical Records Consent form, please ask reception and they can assist you with this.

## GEGAC Dental

GEGAC Dental visits Orbest Regional Health every second Tuesday.

To book an appointment, please call GEGAC on 5150 0700

## Medical Transport

We know how important it is to get to your medical appointments, and our transport service is here to help. Lately, transport has been in high demand, and while we try our best, we're not always able to cover every request. To make sure we can support as many people as possible, please keep in mind:

- For medical appointments only: our transport service is just for health-related appointments.
- Local transports (Orbest): Please give us at least 24 hours' notice. We understand some appointments pop up last minute, but letting us know as early as possible helps us find a driver for you.
- Out of town transports: We kindly ask for 7 days' notice, so we have time to organise everything properly and ensure we have a driver available.
- Bookings: all transport requests must be made through reception.
- Cancellations: If you no longer need your transport, please let us know as soon as you can. This allows us to offer the spot to someone else who may be waiting.

Thank you for working with us to keep this service running smoothly for everyone in the community.

## Riviera Counselling Service

Jeff Steedman from Riviera Counselling is onsite every Wednesday. An appointment with Jeff can be help onsite at Moogji, via phone or a home visit. For an appointment, please call reception.

## AOD Services

Our AOD team are on-site at Moogji from Monday to Friday. Drop in for a cuppa and a chat anytime, our door is always open and open to everyone.. We can also come to clients homes. If you are wanting an appointment, please call reception and ask for Margie or Courtney.



## Optometrist

**Next visit to Moogji: 2026 Dates to be confirmed**

**PLEASE ENSURE PAYMENT IS MADE ON THE DAY**

Call Moogji reception to book.

## Hearing

**Next visit to Moogji: 2026 Dates to be confirmed**

Call Moogji reception to book.

## Casual Medical Driver Vacancy

### Description

- Casual (variable hours per week, based on client need)
- This position has a base hourly rate of \$28.24/hr plus 25% casual loading, penalties, allowances, and super.

### Summary:

The position primarily provides transport services to assist the day to day operations of the clinic and health programs and provide a quality client service.

### Key Responsibilities:

As the Casual Medical Driver you will be responsible for the safe and courteous transportation of patients with a variety of medical conditions. Your role will be pivotal in ensuring comfort and care during transit.

- Scheduled Patient Transport/Deliveries
- Emergency pick up of clients (when required)
- Vehicle Maintenance and Administration
- Foster productive relationships with all Clinic, Program and Support staff at Moogji
- Foster productive working relationships with relevant partners and suppliers

To be successful, you will need:

- To have the availability to work irregular shifts
- To be able to drive in both city and country traffic conditions
- To be compassionate, professional, and dedicated to providing excellent service
- Knowledge of Melbourne hospitals and other medical services and their locations in Victoria. desirable but not essential
- Satisfactory completion of safety screening including a current Full Drivers Licence, Working with Children's Check, National Police Check, and the right to work in Australia.

Applications from Aboriginal and Torres Strait Islander people are strongly encouraged, but this is not an identified Aboriginal and Torres Strait Islander appointment.

A copy of the full position description, including the key selection criteria is available by request to [lindal@moogji.com.au](mailto:lindal@moogji.com.au)





# MOOGJI'S COMMUNITY CHRISTMAS



SATURDAY  
11-2PM  
13  
2025  
DECEMBER

291 BONANG ROAD  
THE BLOCK

Lunch served at 12pm

Giant slide Face painting Inflatable disco

Wipe out Art activities

Fairy floss Snow cones Popcorn

**Santa visiting at 1pm**

Please call reception to register

51542133



# CHILD HEALTH CHECK DAY

APPOINTMENTS 9:00 AM - 5:00 PM

**13TH JAN | 2026**

HEARING | OPTOMETRIST | DENTAL  
CHECKS | BACK TO SCHOOL PACKS

MOOGJI ABORIGINAL COUNCIL  
52-54 STANLEY STREET







**WEDNESDAY 21<sup>ST</sup> JANUARY**

**COMMUNITY EVENT**

**4PM - 8PM**



POOL PARTY TIME, plus

**FREE PIZZA TRUCK**

Children under the age of 10  
**MUST** have parental supervision



# CAPE CONRAN INDIGENOUS COMMUNITY SURF DAY



Date: 22nd January 2026

Time: 10am - 2pm

Location: East Cape Conran

[HTTPS://WWW.SURVEYMONKEY.COM/R/CAPECONRAN](https://www.surveymonkey.com/r/CAPECONRAN)

**Snacks and all Surf Equipment  
will be supplied**

**Please bring bathers, towel, sunscreen, water bottle  
and a change of clothes**

**Please scan the QR Code or contact Jordie to register:**

**Ph: 0488 935 183 Email: [jordie@surfingvic.com](mailto:jordie@surfingvic.com)**







## SCHOOL HOLIDAY ACTIVITIES AGES 5+



Tuesday 13th January 2016  
Drop In: 1hr Aboriginal Art session @ Moogji  
11am - 1pm  
lunch, snacks & drinks provided

Wednesday 14th January 2016

DROPP IN - Join us & GippSport for a friendly game of wheelchair basketball, nintendo switch, vr's and board games  
Ages: 5 - 11 10am - 11am  
Ages: 12+ - 1pm - 3pm  
lunch, snacks & drinks provided



Thursday 15th January 2016

DROPP IN - Join us & GippSport @ Orboost Tennis Club  
For a fun day of Pickleball and other activities  
10:30am - 1:20pm  
lunch, snacks & drinks provided



Friday 13rd January 2016

Chill Out Time!  
Enjoy a Medium Popcorn & drink while relaxing at the movies  
Ages 5+

Bus will be departing Moogji Aboriginal Council, 51 Stanley St, Orboost @ 10am returning @ 4pm  
Booking Essential



Limited Spaces available, Bookings essential

Ph: 51 54 2133

Consent forms must be filled out and returned to Moogji before the activity.

These can be collected from reception, please take note bus times are time sensitive and will not wait.

Children under the age of 10 MUST have parental supervision



## JANUARY SCHOOL HOLIDAY ACTIVITIES AGES 12+



Monday 12th January 2016  
GRAC - Gippsland Regional Aquatic Centre, Traralgon  
Enjoy two water slides, relax in the pool, lunch, snacks & drinks provided  
9am - 4pm

Friday 16th January 2016

Drop In: 2hr Aboriginal Art session @ Moogji  
11am - 1pm  
lunch, snacks & drinks provided



Monday 19th January 2016

Lakes Entrance Aqua Park Day Out!  
2hr session of backflips, swimming and holding on for dear LIFE!  
lunch, snacks & drinks provided  
10am - 4pm



Tuesday 20th January 2016

A day out at Lake Tyers Trust as you paddle board the lake, you're surrounded by lush greenery and bird calls. The gentle water adds a soothing touch. It's more than an activity—it's a refreshing experience.



Thursday 22nd January 2016  
Cape Conran Community SURF DAY!  
Please call Moogji reception for details

Limited Spaces available, Bookings essential

Ph: 51 54 2133

Consent forms must be filled out and returned to Moogji before the activity.

These can be collected from reception



# DEC EMB FEB

## 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Dr Muthusamy	2	3 Jeff - Counsellor Mum & Bubs group Dr Muthusamy	4	5 Dr Muthusamy	6
7	8 Dr Chen	9	10 Jeff - Counsellor Elders Christmas Breakup Dr Chen	11	12	13 Community Christmas Party
14	15 Bec from AHV Dr Chen	16	17 Jeff - Counsellor Mum & Bubs group Dr Chen	18	19 Close at 12pm Dr Chen (script clinic)	20 School Holidays start
21	22	23	24	25 Closed for Christmas	26	27
28	29	30	31 Closed for Christmas			

# JANUARY

# 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		Closed for Christmas	Closed for Christmas	Closed for Christmas	Closed for Christmas	Closed for Christmas
4	5 Dr Chen	6	7 Jeff - Counsellor Dr Chen	8	9 Dr Chen	10
11	12 kids Activities (see flyers)	13 Child Health Check Day kids Activities (see flyers) Dr Chen	14 Jeff - Counsellor kids Activities (see flyers) Dr Chen	15 kids Activities (see flyers)	16 kids Activities (see flyers) Dr Chen	17
18	19 kids Activities (see flyers) Dr Muthusamy	20 kids Activities (see flyers)	21 Jeff - Counsellor Pool Party! Dr Muthusamy	22 Cape Conran Surf Day	23 kids Activities (see flyers) Dr Muthusamy	24
25	26 PUBLIC HOLIDAY	27	28 Jeff - Counsellor School back today Dr Muthusamy	29	30 Dr Muthusamy	31