

December 2025 Community Newsletter

CEO Report

I'd like to wish everyone a safe and healthy Christmas and New Year. I know the season can be difficult for many people.

We will be closing from Friday 19th December, and re-opening on Monday 5th January 2026. All the team will be contacting clients to ensure we have everything in place over that time.

If anything urgent comes up, I am always contactable on 0497 943 700.

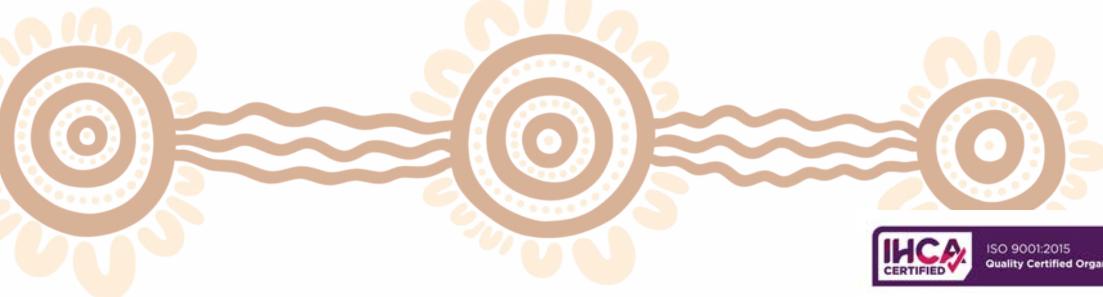
We are thrilled to say that we have been successful yet again in many of our funding submissions. We will be hosting some great Cultural Community events again next year and we will be capturing the stories of our Elders about the Cultural Journey trail through voice and film so that the stories are preserved for future generations.

Many of you will be wondering what is holding up the new driveway and carpark at Stanley Street. Its painfully delayed because we are waiting on Ausnet to relocate under ground cables before we can concrete over the top. Whilst we don't have a completion date at this stage, we are hopeful it won't be too much longer.

I'd like to thank all the Staff who have been through what feels like 'thick and thin' this year. Everyone has been focused on serving the Community through whatever their role might be. Its not just about client services, but the work carried out from Bonang Road is critical for sustainability and Caring for Country.

I hope you have time with family and friends over the Christmas period and get a chance to relax a little bit. I look forward to seeing everyone in the New Year.

Louise Carey



Mum and Bubs

We have very recently started up our mums and bubs group at Moogji which has been running fortnightly. We have been lucky enough for both Orbost Regional Health and Gippsland Lakes Complete Health to come along and talk to the parents about what they can assist with. We're looking at developing how this will run next year, we'd love for your feedback!

Please note: this group is welcome to all parents, grandparents, carers, guardians and babies (we are currently in the process of renaming the group)



Please scan the QR code to complete the survey.
There will also be paper copies available at reception

Do you want your Newsletters emailed to you instead of by mail?

Call reception on 5154 2133, to add your email address to the list

YOUTH FORUM

On Monday the 24th of November, Moogji Aboriginal Council hosted a Youth Forum in partnership with LTHCS and LEAHA.

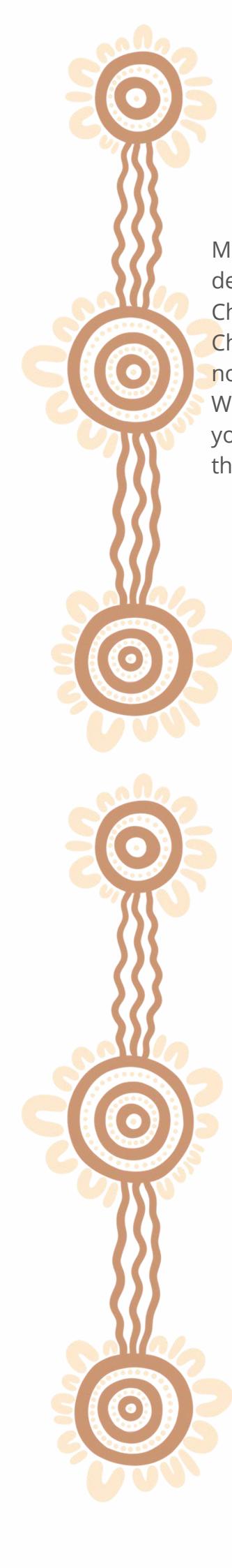
The day was a cultural careers day with students attending from Orbost Community College and Lakes Entrance Secondary College.

We had a range of Indigenous Community members talk about their personal careers and the studies they have previously completed to inspire participants about possible career pathways which gave everyone some great ideas.

The students were then led around Moogji's Cultural Trail by Tammy Bundle, where they stopped and had a yarn at each significant site.

Students then had a session with Misty Anderson in Moogji's nursery, where they were shown the native plants grown there, and they were able to try some of our bush tucker.





Deadly Choices®

Moogji has partnered with Deadly Choices and we're now able to hand out some deadly shirts to our Aboriginal Community once you've had your 715 Health Check signed off by the doctor. As we have only recently partnered with Deadly Choices, we are unable to back date shirts for previous 715 Health Checks, but not to worry, you're eligible for a 715 Health Check every 9 months. We have limited stock to order from, but we'd love some feedback on what teams you'd like to see, and we'll keep an eye out each time we put an order in. Here are the shirts we currently have:



Health Promotion Calendar

We're developing a 12-month health promotion calendar for 2026. We'd love to hear your feedback on what health topics you'd like to see us cover of the next 12 months.



Please scan the QR code to complete the survey.

There will also be paper copies available at reception

CHRISTMAS CLOSURE DATES

After hours contacts

If it is an emergency dial 000 or present to your nearest hospital. For after hours medical advice or treatment please contact:

Urgent Care Department Orbost Regional Health:

5154 6666
104 Boundary Road, Orbost VIC
3888

Nurse on Call @ 1300 60 60 24

immediate, expect health advice from a registered nurse 24 hours a day, 7 days a week.

HealthAccess on 1800 272 767 for GP-Type Presentations in the after-hours period.
from: 6-10pm weeknights 12-10pm Saturdays 8am-6pm Sunday (and public holidays)

Victorian Virtual Emergency Department

The VVED is available 24 hours a day, seven days a week with medical reviews available
<https://www.vved.org.au>

Closure dates

Moogji Aboriginal Council will be closed from

Friday 19th December 12pm

we reopen

Monday 5th January at 9am

MENTAL HEALTH SUPPORT

- Lifeline Phone: 13 11 14
- Lifeline Text: 0477 13 11 14
- Family Drug and Gambling Helpline: 1300 660 068

All operate 24/7

If you are needing scripts for regular medication please ensure you book in with the Doctor prior to our Christmas closure to prevent running out



Doctor Sessions

Moogji has a doctor onsite every Monday, Wednesday and Friday, unless stated otherwise. We also have a nurse onsite daily. Please call reception to book an appointment.

If you have not yet completed your New Patient Registration Form and Transfer of Medical Records Consent form, please ask reception and they can assist you with this.

GEGAC Dental

GEGAC Dental visits Orbost Regional Health every second Tuesday. To book an appointment, please call GEGAC on 5150 0700

Medical Transport

We know how important it is to get to your medical appointments, and our transport service is here to help. Lately, transport has been in high demand, and while we try our best, we're not always able to cover every request. To make sure we can support as many people as possible, please keep in mind:

- For medical appointments only: our transport service is just for health-related appointments.
- Local transports (Orbost): Please give us at least 24 hours' notice. We understand some appointments pop up last minute, but letting us know as early as possible helps us find a driver for you.
- Out of town transports: We kindly ask for 7 days' notice, so we have time to organise everything properly and ensure we have a driver available.
- Bookings: all transport requests must be made through reception.
- Cancellations: If you no longer need your transport, please let us know as soon as you can. This allows us to offer the spot to someone else who may be waiting.

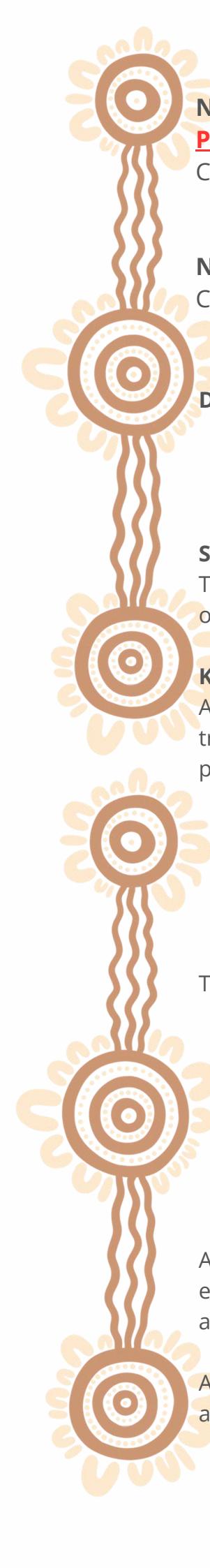
Thank you for working with us to keep this service running smoothly for everyone in the community.

Riviera Counselling Service

Jeff Steedman from Riviera Counselling is onsite every Wednesday. An appointment with Jeff can be help onsite at Moogji, via phone or a home visit. For an appointment, please call reception.

AOD Services

Our AOD team are on-site at Moogji from Monday to Friday. Drop in for a cuppa and a chat anytime, our door is always open and open to everyone.. We can also come to clients homes. If you are wanting an appointment, please call reception and ask for Margie or Courtney.



Optometrist

Next visit to Moogji: 2026 Dates to be confirmed

PLEASE ENSURE PAYMENT IS MADE ON THE DAY

Call Moogji reception to book.

Hearing

Next visit to Moogji: 2026 Dates to be confirmed

Call Moogji reception to book.

Casual Medical Driver Vacancy

Description

- Casual (variable hours per week, based on client need)
- This position has a base hourly rate of \$28.24/hr plus 25% casual loading, penalties, allowances, and super.

Summary:

The position primarily provides transport services to assist the day to day operations of the clinic and health programs and provide a quality client service.

Key Responsibilities:

As the Casual Medical Driver you will be responsible for the safe and courteous transportation of patients with a variety of medical conditions. Your role will be pivotal in ensuring comfort and care during transit.

- Scheduled Patient Transport/Deliveries
- Emergency pick up of clients (when required)
- Vehicle Maintenance and Administration
- Foster productive relationships with all Clinic, Program and Support staff at Moogji
- Foster productive working relationships with relevant partners and suppliers

To be successful, you will need:

- To have the availability to work irregular shifts
- To be able to drive in both city and country traffic conditions
- To be compassionate, professional, and dedicated to providing excellent service
- Knowledge of Melbourne hospitals and other medical services and their locations in Victoria. desirable but not essential
- Satisfactory completion of safety screening including a current Full Drivers Licence, Working with Children's Check, National Police Check, and the right to work in Australia.

Applications from Aboriginal and Torres Strait Islander people are strongly encouraged, but this is not an identified Aboriginal and Torres Strait Islander appointment.

A copy of the full position description, including the key selection criteria is available by request to lindal@moogji.com.au



MOOGJI'S COMMUNITY CHRISTMAS



SATURDAY
13
DECEMBER
2025

291 BONANG ROAD
THE BLOCK

Lunch served at 12pm

Giant slide Face painting **inflatable disco**

Wipe out **Art activities**

Fairy floss **Snow cones** Popcorn

Santa visiting at 1pm

Please call reception to register
51542133



CHILD HEALTH CHECK DAY

APPOINTMENTS 9:00 AM - 5:00 PM

13TH JAN | 2026

HEARING | OPTOMETRIST | DENTAL
CHECKS | BACK TO SCHOOL PACKS

Moogji Aboriginal Council
52-54 STANLEY STREET



VICTORIAN
INDIGENOUS
SURFING PROGRAM



CAPE CONRAN INDIGENOUS COMMUNITY SURF DAY



Date: 22nd January 2026
Time: 10am - 2pm
Location: East Cape Conran

[HTTPS://WWW.SURVEYMONKEY.COM/R/CAPECONRAN](https://www.surveymonkey.com/r/CAPECONRAN)

Snacks and all Surf Equipment
will be supplied
Please bring bathers, towel, sunscreen, water bottle
and a change of clothes

Please scan the QR Code or contact Jordie to register:
Ph: 0488 935 183 Email: jordie@surfingvic.com



WEDNESDAY 21ST JANUARY

COMMUNITY EVENT
4PM - 8PM





JANUARY SCHOOL HOLIDAY ACTIVITIES AGES 12+

Monday 11th January 2016
GRAC - Gippsland Regional Aquatic Centre, Traralgon
Enjoy two water slides, relax in the pool, lunch, snacks & drinks provided
9am - 4pm

Monday 18th January 2016
Lakes Entrance Aqua Park Day Out!
2hr session of backflips, swimming and holding on for dear LIFE!
lunch, snacks & drinks provided
10am - 4pm

Monday 19th January 2016
Drop In: 1hr Aboriginal Art session @ Moogji
11am - 1pm
lunch, snacks & drinks provided

Friday 16th January 2016
Drop In: 1hr Aboriginal Art session @ Moogji
11am - 1pm
lunch, snacks & drinks provided

Tuesday 20th January 2016
A day out at Lake Tyers Trust as you paddle board the lake, you're surrounded by lush greenery and bird calls. The gentle water adds a soothing touch. It's more than an activity—it's a refreshing experience.

Thursday 21st January 2016
Cape Conran Community SURF DAY!
Please call Moogji reception for details



SCHOOL HOLIDAY ACTIVITIES AGES 5+

Tuesday 13th January 2016
Drop In: 1hr Aboriginal Art session @ Moogji
11am - 1pm
lunch, snacks & drinks provided

Wednesday 14th January 2016
DROP IN - Join us & GipSport for a friendly game of wheelchair basketball, Nintendo switch, vr's and board games
Age: 5 - 11 10am - 11:45am
lunch, snacks & drinks provided

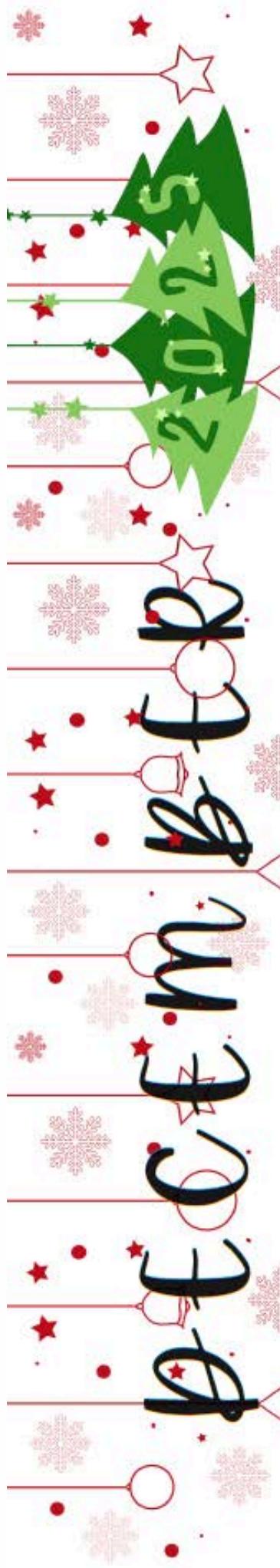
Thursday 15th January 2016
DROP IN - Join us & GipSport
@ District Tennis Club
For a fun day of Pickleball and other activities
10:30am - 1:30pm
lunch, snacks & drinks provided

Pickleball

MOVIE TIME

Friday 13th January 2016
Chill Out Time!
Enjoy a Medium Popcorn & drink while relaxing at the movies
Age: 5+
Bus will be departing Moogji Aboriginal Council, 51 Stanley St, Orbost @ 10am returning @ 4pm
Booking Essential

Limited Spaces available, Bookings essential
Ph: 51 54 2333
Consent forms must be filled out and returned to Moogji before the activity.
These can be collected from reception, please take note has times are time sensitive and will not wait.
Children under the age of 10 MUST have parental supervision



SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Jeff - Counsellor Mum & Bubs group Dr Muthusamy	4	5	6	
7	8 Dr Muthusamy	9 Dr Chen	10 Jeff - Counsellor Elders Christmas Breakup Dr Chen	11	12 Dr Chen	13 Community Christmas Party
14	15 Dr Chen	16 Bec from AHV	17 Jeff - Counsellor Mum & Bubs group Dr Chen	18	19 Close at 12pm Dr Chen (script clinic)	20 School Holidays start
21	22 Dr Chen	23	24	25	26	27 Closed for Christmas
28	29	30	31 Closed for Christmas			

Community