

## February 2026 Community Newsletter

### CEO Report

Welcome to 2026 everyone.

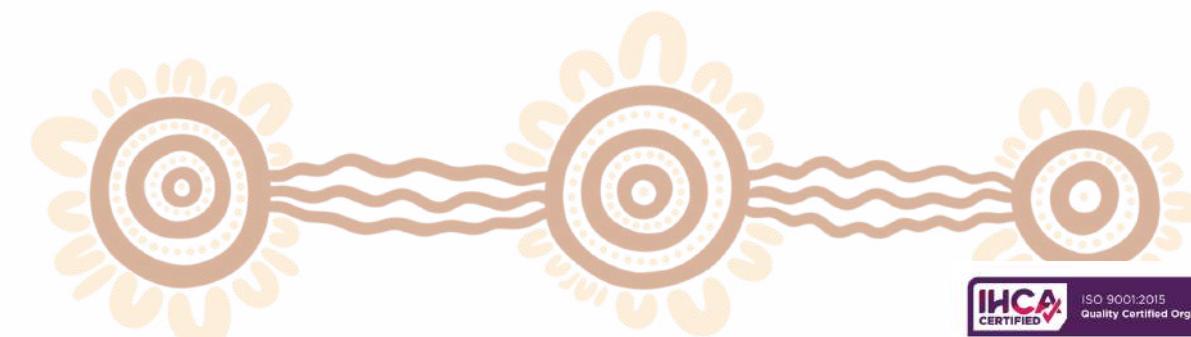
The year has started positively with new grants coming in including a new contract with the Gippsland Shire for Lawn mowing across Bairnsdale, Omeo and Orbost which is great.

We will need to take on some more casual crew members so please keep an eye out on our Facebook page, but anyone interested can come and talk to me about the work and the eligibility requirements.

We are also offering Traineeship opportunities for the crew this year. An expression of interest process will be starting soon. The traineeship opportunities are for the Bonang Road Crew work and will be a 2 year traineeship (part-time) so that the completion of a relevant qualification is part of the process.

We have also secured good funding for Cancer screening and prevention, as well as funding to cover gap fees for expensive tests and appointments. We hope this will be a game changer for the community.

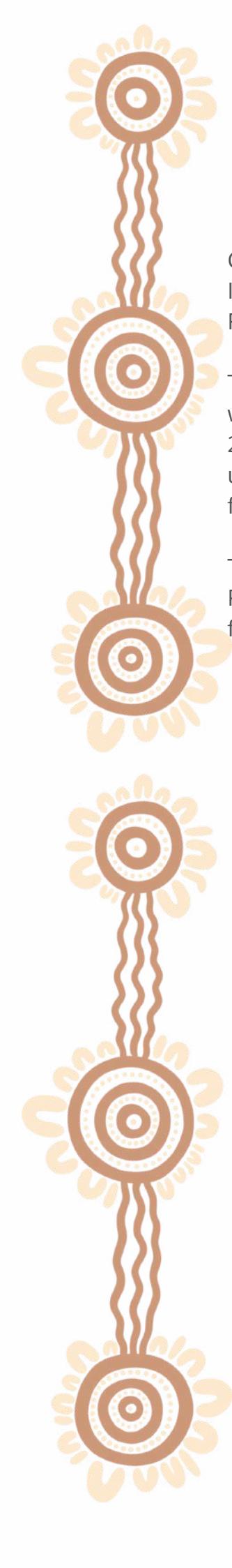
*Louise Carey*



# CHILD HEALTH CHECK DAY

Moogji held their first Child Health Check Day on Tuesday the 13<sup>th</sup> of January 2026. We had GEGAC Dental performing dental checks and The Australian College of Optometry performing eye checks to ensure our kids are ready for school to start. We'd like to thank everyone who attended, as this day was a big success! If you missed out, you can call reception at any stage to book in for a Child Health Check.





# Victorian Young Leaders First Nations pilot program

Congratulations to Hayley-Jade Martin, Tillyrose Hambling, Maddison Free and Indi Stedman who have been selected to be a part of the Victorian Young Leaders First Nations (VYLFN) pilot program.

This program is designed for Aboriginal and/or Torres Strait Islander students who are enrolled to complete Year 9 or 10 at a Victorian government school in 2026. This program supports students in developing leadership, intercultural understanding and filmmaking skills, while fostering peer-to-peer learning and a focus on self determination and cultural connection.

They have just completed a 5 day filmmaking workshop 'Through our lens' in Phillip Island and will head over to Aotearoa (New Zealand) in March for their films to be shown at Maoriland Film Festival.



# JAN 26

# School Holiday Fun!

The January school holiday program offered an exciting array of activities to ensuring fun for everyone.

Kids splashed around at Traralgon Indoor Pool, enjoying the water slides and having a blast.

Budding artists explored their creativity in cultural art sessions with Teresa from Yoowinna.

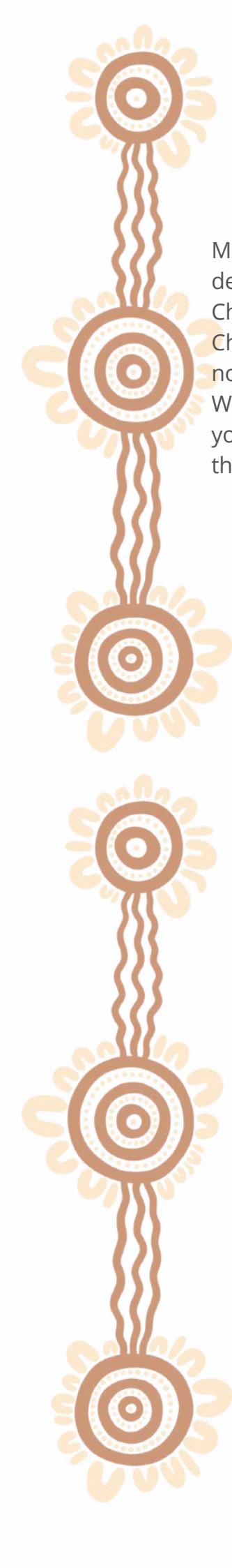
Adventure seekers had a blast at the Lakes Entrance Aqua Park, while GippSport brought inclusivity to the forefront with wheelchair basketball and Pickleball.

Water enthusiasts could try stand-up paddle boarding at Lake Tyers Trust or catch some waves during the Surf Day with Surfing Victoria at Cape Conran.

The program's highlight was a vibrant Community Pool Party, where attendees indulged in delicious pizzas from The Pizza Truck and cold treats from Hearty Gelati.

To wrap up a fun-filled two weeks, participants enjoyed a relaxing day at Sun Cinema Bairnsdale, watching "Zootopia" with popcorn and drinks, leaving everyone with lasting memories of an unforgettable holiday experience.





# Deadly Choices®

Moogji has partnered with Deadly Choices and we're now able to hand out some deadly shirts to our Aboriginal Community once you've had your 715 Health Check signed off by the doctor. As we have only recently partnered with Deadly Choices, we are unable to back date shirts for previous 715 Health Checks, but not to worry, you're eligible for a 715 Health Check every 9 months. We have limited stock to order from, but we'd love some feedback on what teams you'd like to see, and we'll keep an eye out each time we put an order in. Here are the shirts we currently have:



## Health Promotion Calendar

We're developing a 12-month health promotion calendar for 2026. We'd love to hear your feedback on what health topics you'd like to see us cover of the next 12 months.



Please scan the QR code to complete the survey.

There will also be paper copies available at reception



## Doctor Sessions

Moogji has a doctor onsite every Monday, Wednesday and Friday, unless stated otherwise. We also have a nurse onsite daily. Please call reception to book an appointment.

If you have not yet completed your New Patient Registration Form and Transfer of Medical Records Consent form, please ask reception and they can assist you with this.

## GEGAC Dental

GEGAC Dental visits Orbost Regional Health every second Tuesday. To book an appointment, please call GEGAC on 5150 0700

## Medical Transport

We know how important it is to get to your medical appointments, and our transport service is here to help. Lately, transport has been in high demand, and while we try our best, we're not always able to cover every request. To make sure we can support as many people as possible, please keep in mind:

- For medical appointments only: our transport service is just for health-related appointments.
- Local transports (Orbost): Please give us at least 24 hours' notice. We understand some appointments pop up last minute, but letting us know as early as possible helps us find a driver for you.
- Out of town transports: We kindly ask for 7 days' notice, so we have time to organise everything properly and ensure we have a driver available.
- Bookings: all transport requests must be made through reception.
- Cancellations: If you no longer need your transport, please let us know as soon as you can. This allows us to offer the spot to someone else who may be waiting.

Thank you for working with us to keep this service running smoothly for everyone in the community.

## Riviera Counselling Service

Jeff Steedman from Riviera Counselling is onsite every Wednesday. An appointment with Jeff can be help onsite at Moogji, via phone or a home visit. For an appointment, please call reception.

## AOD Services

Our AOD team are on-site at Moogji from Monday to Friday. Drop in for a cuppa and a chat anytime, our door is always open and open to everyone.. We can also come to clients homes. If you are wanting an appointment, please call reception and ask for Margie or Courtney.

## Optometrist

Next visit to Moogji: 2026 Dates to be confirmed

**PLEASE ENSURE PAYMENT IS MADE ON THE DAY**

Call Moogji reception to book.

## Hearing

Next visit to Moogji: 2026 Dates to be confirmed

Call Moogji reception to book.

**\*\*\*FREE\*\*\***

Free dresser and mirror set! first in best dressed!

Delivery can be arranged on request



**Do you want your Newsletters emailed to you instead of by mail?**

**Call reception on 5154 2133, to add your email address to the list**

# Expression of interest



Would you like to be in the crowd for the Dreamtime at the G?

If you would like to attend, please call Moogji and let us know how many you have interested and what ages they are.

Tickets are not guaranteed as this is an expression of interest.

If tickets are successfully attained, you will be notified by a member of staff.



## Start your journey to home ownership

The First Peoples Home Ownership Program provides grants to First Peoples in Victoria to contribute to the upfront costs of buying a home.



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# forever floweristry

by Chelsea

Age: 12 - 25

## Drop-in Floweristry

A SIX-WEEK JOURNEY INTO THE ART OF NATIVE FLOWER ARRANGING, HANDS-ON EXPERIENCE WHERE CREATIVITY BLOOMS ALONGSIDE MEANINGFUL CONVERSATIONS AND A PATHWAY TO THE FUTURE.

LEARN ABOUT DIFFERENT NATIVE AND INDIGENOUS PLANTS

### Week 1 - Box Arrangements

### Week 2 - Bouquets

### Week 3 - Dried Flower Arrangements

### Week 4 - Dried Flower Wreaths

### Week 5 - Vase Arrangements

### Week 6 - Small Wall Arrangements

LIMITED SPOTS AVAILABLE - PLEASE CALL: 5154 2133

STARTING TERM 1

THURSDAY 3.30PM - 5.30PM



ALL FLOWERS AND MATERIALS PROVIDED

LIGHT REFRESHMENTS  
TAKE-HOME ARRANGEMENTS EACH WEEK  
CHELSEA'S EXPERT GUIDANCE AND WARM HOSPITALITY



# YOUTH Drop In

GAMES, MUSIC, FOOD, or  
just HANG OUT!

AGES: 10 - 11

EVERY MONDAY | FROM: 3.30 - 5PM  
52 Stanley St, Orbost



## UPCOMING *Elders Care Support* YARNING CIRCLES

**11 FEB**  
ELDERS MORNING TEA  
Moogji Stanley street, Board room  
Guest: Louise CEO  
10AM - 11:30AM

**11 MAR**  
ELDERS MORNING TEA  
The Block - 291 Bonang Road, Orbost  
Mosaic art  
12-2PM

**15 APR**  
ELDERS MORNING TEA  
Moogji - Stanley Street  
Guest: LCH guest speaker  
Finish mosaic  
12-2PM

**13 MAY**  
ELDERS MORNING TEA  
Moogji Stanley street  
Guest: HOUSING  
12-2PM

**10 JUN**  
ELDERS MORNING TEA  
Moogji Stanley street  
Health talk with Moogji staff  
12-2PM

**Elder Care  
Support**  
Community-led  
Pathways to Care

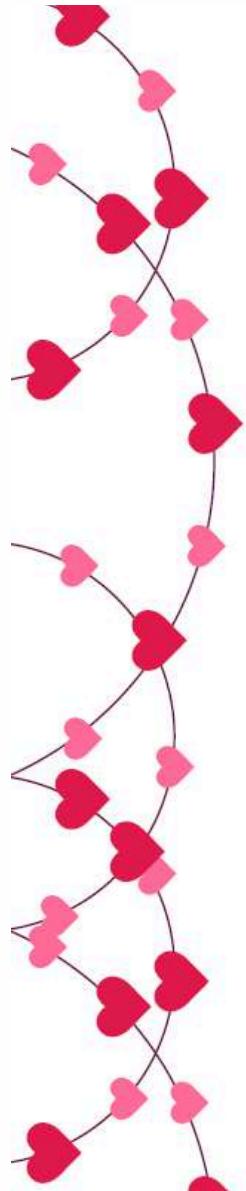


# Hey you MOB!

Do you want to be a part of  
the Deadly Moogji  
Environmental Crew?  
Exciting opportunities for  
traineeships are coming up.

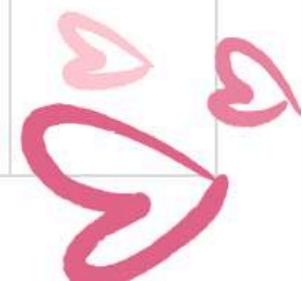
These exciting opportunities  
are for Indigenous people  
only. For more information  
or to register your interest

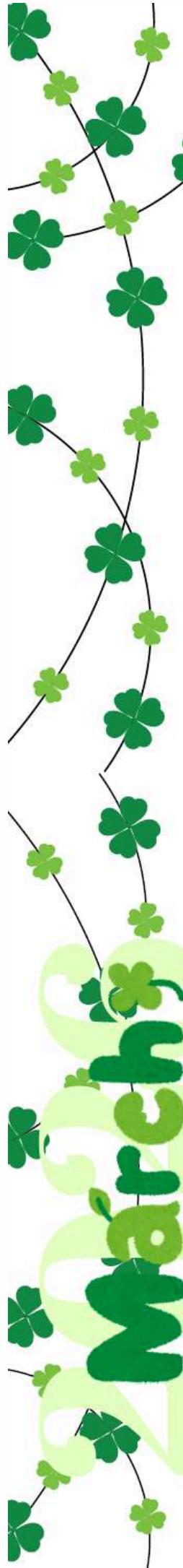
Please contact Levi on:  
5154 2133 or  
email [levim@moogji.com.au](mailto:levim@moogji.com.au)



# February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	7
	<b>Dr Thamarai</b>	<b>Shona - Nurse Practitioner</b>	<b>Jeff - Counsellor Dr Thamarai</b>	<b>Shona - Nurse Practitioner</b>	<b>Save the date 6</b> Event info to follow	
8	<b>Youth Drop In 9</b>	<b>Shona - Nurse Practitioner</b>	<b>Jeff - Counsellor</b>	<b>Shona - Nurse Practitioner</b>	<b>Dr Thamarai</b>	
15	<b>Youth Drop In 16</b>	<b>Shona - Nurse Practitioner</b>	<b>Jeff - Counsellor</b>	<b>Shona - Nurse Practitioner</b>	<b>13</b> <i>Valentine's Day</i>	<b>14</b> <i>Anniversary of National Apology Day</i>
22	<b>Youth Drop In 23</b>	<b>Shona - Nurse Practitioner</b>	<b>Save the date 25</b> Event info to follow	<b>Jeff - Counsellor</b>	<b>26</b> Shona - Nurse Practitioner	<b>27</b> Shona - Nurse Practitioner
						<b>28</b>





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <b>Youth Drop In</b>	2	3	4	5	6
	<b>Save the date</b> 8 Event info to follow	<b>Closed</b> <b>Orbost Show</b>	9	10 <b>Jeff - Counsellor</b> <b>Dr Chen</b>	11	12
				17 <b>Save the date</b> <b>St. Patrick's Day</b>	18 Event info to follow	19 <b>National Close the Gap Day</b>
	15 <b>Youth Drop In</b>	16 Harmony Week 16-22 March		<b>Jeff - Counsellor</b>		20 <b>Harmony Day</b> 21 International Day for the Elimination of Racial Discrimination
			22 <b>Youth Drop In</b>	23	24 <b>Jeff - Counsellor</b>	25
				30	31	
						27
						28

